

Zoesdanceandfitness

Reviewed: February 2026

Approach

I am committed to providing a safe, positive and welcoming environment for all children attending my sessions. I recognise that every child is unique and brings their own strengths, needs and ways of engaging.

I aim to:

- promote kindness, respect and inclusion
- support children to manage their emotions and behaviour appropriately within a group setting
- work in partnership with parents/carers and schools to ensure the best possible experience for each child

Inclusion and Support

I welcome children with additional needs where I can safely and reasonably meet those needs within the nature of my sessions.

- I have experience supporting a range of needs within a mainstream, group-based environment
- I am happy to discuss reasonable adjustments that may help a child participate
- As a sole trader delivering group-based sessions, I am unable to provide one-to-one support or supervision

I am not a specialist SEND provider and do not have specialist training to support children with high or complex needs.

I am unable to provide:

- one-to-one support or supervision, unless a child attends with their own funded and approved one-to-one support worker
- specialist interventions, therapeutic or medical care, or the administration of medication
- a calm or low-stimulation environment, as sessions may be busy and noisy

Expectations for Behaviour

To ensure a safe and enjoyable environment for everyone, children attending sessions are expected to:

- engage in activities without significantly disrupting the group
- follow instructions given to keep themselves and others safe
- treat other children and adults with respect and avoid physical or verbal aggression or inappropriate language

I understand that children may experience big emotions at times. Positive behaviour management strategies will always be used to support children to regulate and re-engage wherever possible.

Managing Challenging Behaviour

I reserve the right to decline or withdraw a child's place if:

- a child requires one-to-one support to participate safely and this cannot be provided within the session
- behaviour poses a significant risk to the child, other children, or property (for example hitting, biting, or throwing objects)
- there is persistent verbal abuse or repeated inappropriate language
- a child requires specialist support that I am unable to provide safely

Any decision to decline or withdraw a place will be made sensitively and in consultation with parents/carers and, where appropriate, the school.

Working in Partnership with Parents/Carers

Parents/carers are asked to share relevant information about their child's needs at the point of booking. This enables an informed decision to be made about whether sessions are suitable and safe.

If I feel I am unable to meet a child's needs safely within my sessions, I will:

- explain the reasons clearly and sensitively

- where possible, signpost families to alternative or specialist provision

Review

This policy is reviewed annually, or sooner if required due to changes in guidance, practice or the nature of sessions delivered.